

Food Security vs Sovereignty

Goals of Food Security

are to increase physical, social and economic access to nutritious, safe, personally acceptable food with a focus on increasing availability of healthy food produced in a sustainable manner

(PHSA website Oct 2017)

Food Sovereignty

The right of peoples to healthy and culturally appropriate food produced through ecologically sound and sustainable methods, and their right to define their own food and agriculture systems.

(BC Food Gateway website Oct 2017)

Food Security vs Sovereignty

Food Sovereignty

is rooted in grassroots food movements

Highlights need for a democratic food system that involves input from **citizens** and **producers**

Food Security

Concerned with the protections and distribution of existing food systems

HAIDA GWAI FOOD SECURITY

Planting seeds
(2010-2013)

Growing
(2014-2016)

Expanding
(present)



Local Foods in Schools: 2010-2014

Farm to School Salad Bar Program

- Chief Matthews Elementary
- OMVC and Culinary Arts program
- Northern Haida Gwaii Hospital
- Tahayghen Elementary
- SNES/GKSS

3 Local Farmers

- Riverworks Farm
- Lavoie Family Farm
- Sangan River Farm

Farm to School History

- Multiple grants awarded (Salad Bar, IMAGINE)
- Kitchen renovations completed
- GTNS greenhouse/ADP greenhouse started
- 2 “informal” gatherings
- Connection between FARMERS and SCHOOLS



- X Not sustainable
- X Only focused on Farm Foods
- X Complex delivery food systems
- X No food safety plans

Learning Circle Coordinator role

- April 2014-June 2016
- 3 Learning Circles





Vision of learning circle

“Support and expand upon the existing culture on Haida Gwaii that is centered around traditional and locally grown food, by helping one another to grow, gather, prepare, preserve and protect our food through hands on learning and connection to the land and sea.”



THE PANTRY



Learning Circle Initiative - Present Day

Canadian Institute of Health Research partnership with University of Waterloo, funding administered through Secretariat of the Haida Nation

- Haida Gwaii, BC
- Hazelton, BC
- Ministikwan , SK
- Black River, MB





Food Safety with local food

- Wild Mushrooms
- Produce
 - Farm Veggies
 - Nettle
 - Wild Berries
 - Rhubarb
 - Fruit from Fruit trees
- Licensed Meat
- Herbal Teas
- Venison
- Fish
- Seafood
- Workshops









Where does the food go?

- Schools
- Health Centers
- Youth Centers
- Prenatal Groups
- Hospital
- Wellness Groups
- Food Bank
- Elders Program
- Community Programs
- Rediscovery Summer Camps



Food processing
workshops: Elder-Youth
connection, and fostering
relationships









Sgyuu (seaweed) harvesting field trip at Yaan village site



High school garden work-party in Naanii Margaret's backyard

